

### **Experience Report of a Thematic Seminar**

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# **Abstract**

This report delves into the experience of incorporating the Imposition of Hands—Frequencies of Brilliance—into a health training event. The seminar, integrated as a curricular activity by the Federal University of Bahia, was designed to engage community and societal aspects of health education. Conducted in the first semester of 2019, the seminar featured participation from 141 individuals, including students, university staff, and the external public, alongside 8 special guests.

#### **Seminar Activities**

The seminar comprised three key activities:

- 1. National and State Policy on Integrative and Complementary Health Practices: This session explored the policies at both the national (Brazil) and state (Bahia) levels concerning integrative health practices.
- 2. **Manna Energetic Nutritional Food of Frequencies of Brilliance**: Participants learned about the concept of "Manna" as an energetic nutritional supplement within the framework of Frequencies of Brilliance.
- 3. Frequencies of Brilliance An Energy Healing System: This activity offered both theoretical and experiential insights into the energy healing system, aimed at fostering a deeper understanding among participants.

The seminar illustrated the potential of Frequencies of Brilliance to be integrated into health education, empowering students to lead their learning journeys.

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